



Saraswati Education Society's

सौ. वंदना न. तासगांवकर आयुर्वेद महाविद्यालय आणि संशोधन केंद्र

Sau. Vandana N. Tasgaonkar Ayurved Mahavidyalaya & Research Centre

Dr. N.Y. Tasgaonkar Educational Complex, Village Chandhai, Bhivpuri Road Station, Tal. Karjat, Dist. Raigad
410201. Contact: +918856985130 • Email: principal.vntamv@tasgaokartech.com Web: www.vtayurveda.com

INSTITUTE	Sau Vandana N. Tasgaonkar Ayurved Mahavidyala and Research Centre, Chandhai, Karjat, Raigad, Maharashtra-410201.		
DEPARTMENT	SWASTHAVRITTA AND YOGA		
ACTIVITY TYPE	Celebration of international yoga Day		
DATE	21/06/2026	Duration 07am to 10 am	1 Day
YEAR/CLASS	First year and second year BAMS Third year nursing	No. of Participants	110
FACULTY COORDINATOR	Dr Arya B Nair		
FACULTY CONTACT DETAILS	8147242547		

On the occasion of international yoga day, department of swasthavritta and yoga conducted common yoga protocol session on 21th june 2026 at central garden Tasgaonkar chandhai campus, students and faculty of nursing college participated in the programme

The programme was started with Dr Manisha Dunghav delivering the introduction speech for yoga day followed by common yoga protocol session led by assistant professor Dr Arya B Nair

As a part of international yoga day 2026 on 19th june a rally was organized DOUD PE DHYAN all staff and students of VNTAMV actively participated in the programme

Adding to the programme, two enthusiastic students from VTCN delivered speeches, sharing their thoughts and perspectives on the importance of health and awareness.

The programme concluded with a vote of thanks proposed by Dr. Arya B. Nair, expressing gratitude to all dignitaries, speakers, participants, and organizers for making the event a success.

Report by-
Dr Arya B Nair

Assistant Professor

Dept.of Swasthavritta and
Yoga

PRINCIPAL
Dr. Manisha Dunghav



GPS Map Camera



Chandhai, Maharashtra, India



X88x+qcp, Chandhai, Maharashtra 410201, India

Lat 18.967045° Long 73.347716°

Saturday, 21/06/2026 07:30 AM GMT +05:30






Saraswati Education Society's
**SAU. VANDANA N. TASGAONKAR AYURVED
MAHAVIDYALAYA & RESEARCH CENTRE**
(Affiliated to MUHS, Nashik | Recognized by Govt. of Maharashtra and WCISM, New Delhi)

Saraswati Education Society's
**12th International
Yoga Day**
Celebration of
Run for YOGA & exercise
Yoga for Healthy Aging



Chandhai, Maharashtra, India 
X88x+qcp, Chandhai, Maharashtra 410201, India
Lat 18.966687° Long 73.348834°
Friday, 19/06/2026 10:24 AM GMT +05:30

GPS Map Camera